



triathlon sa

SA Triathlon Champs Aldam 19 March 2017



Race detail: Swim 1500m/ 2laps; Bike 40km/4 laps Run 10km/4 laps

Race Conditions: Water Temperature 21.7°C Air Temperature 28°C No Wetsuit Swim
 Technical Delegate: Fulton Rick ZIM
 Race Referee: Campbell Travis RSA
 Competition Jury: Fulton Rick ZIM
 Campbell Jeremy RSA
 Christa Roestoff RSA

P_Cat	FinishTime	Race#	Surname	Name	Sex	Dist	Category	Province	Age	Swim	T1	Bike	T2	Run
Elite/U23 Men														
P_Cat	FinishTime	Race#	Surname	Name	Sex	Dist	Category	Province	Age	Swim	T1	Bike	T2	Run
1	1:59:16	1	Sullwald	Wian	M	1500m/40km/10km		South Africa		00:16:21	00:00:33	01:04:47	00:00:27	00:37:08
2	2:01:43	2	Schomburg	Jonas	M	1500m/40km/10km		ITU		00:17:22	00:00:24	01:05:27	00:00:24	00:38:06
3	2:05:08	4	Nortje	Dylan	M	1500m/40km/10km		South Africa		00:17:43	00:00:30	01:07:32	00:00:31	00:38:52
4	2:09:12	7	Morgia	Rinaldo	M	1500m/40km/10km		South Africa		00:18:17	00:00:24	01:07:19	00:00:21	00:42:51
5	2:10:33	8	Cooke	Keegan	M	1500m/40km/10km		South Africa		00:19:14	00:00:31	01:10:27	00:00:27	00:39:54
6	2:12:19	3	pivo	dylan	M	1500m/40km/10km		South Africa		00:19:25	00:00:26	01:10:18	00:00:32	00:41:38
7	2:13:41	5	van der Merwe	Pieterjan	M	1500m/40km/10km		South Africa		00:19:23	00:00:25	01:09:30	00:00:27	00:43:56
8	2:16:34	12	Marquiss	Darren	M	1500m/40km/10km		South Africa		00:20:10	00:00:25	01:09:31	00:00:25	00:46:03
9	2:17:13	10	Kruger	Cobus Jacobus	M	1500m/40km/10km		South Africa		00:19:32	00:00:37	01:10:04	00:00:42	00:46:18
	DNF	6	Marquiss	Gareth	M	1500m/40km/10km		South Africa		00:20:08	00:00:24	DNF	DNF	DNF
	DNF	9	Shaw	Riaan	M	1500m/40km/10km		South Africa		00:18:25	00:00:27	01:10:24	00:00:30	DNF
Elite/U23 Women														
P_Cat	FinishTime	Race#	Surname	Name	Sex	Dist	Category	Province	Age	Swim	T1	Bike	T2	Run
1	2:14:29	1	Ackerman	Simone	F	1500m/40km/10km		ITU		00:19:15	0:00:28	1:13:54	0:00:22	0:40:30
2	2:16:16	2	Fischer	Carlyn	F	1500m/40km/10km		South Africa		00:20:15	0:00:20	1:13:01	0:00:23	0:42:17
3	2:17:25	3	Schwulst	Cindy	F	1500m/40km/10km		South Africa		00:20:35	0:00:11	1:12:52	0:00:21	0:43:26
4	2:20:44	4	van der merwe	vicky	F	1500m/40km/10km		South Africa		00:20:38	0:00:18	1:16:52	0:00:23	0:42:33
5	2:22:53	6	Renaud	Celeste	F	1500m/40km/10km		South Africa		00:20:36	0:00:26	1:14:35	0:05:20	0:41:56
6	2:39:30	7	Le Roux	Madelein	F	1500m/40km/10km		South Africa		00:21:25	0:00:24	1:21:02	0:00:29	0:56:10
	DNF	5	Berry	Jodie	F	1500m/40km/10km		South Africa		00:20:39	0:00:23	1:19:23	0:00:32	DNF
	DNF	8	Jones	Robyn-Leigh	F	1500m/40km/10km		South Africa		00:22:25	0:00:19	DNF	DNF	DNF

P_Cat	FinishTime	Race#	Surname	Name	Sex	Dist	Category	Province	Age	Swim	T1	Bike	T2	Run
12 to 13 Boys														
P_Cat	FinishTime	Race#	Surname	Name	Sex	Dist	Category	Province	Age	Swim	T1	Bike	T2	Run
1	0:41:10	41	Elliott	Kieth	M	400m/10km/2.5km	12 to 13 M	ZIM	13	0:07:44	0:00:54	0:21:07	0:00:35	0:10:50
2	0:44:21	104	Jones	Liam	M	400m/10km/2.5km	12 to 13 M	ZIM	13	0:09:16	0:00:51	0:22:42	0:00:38	0:10:54
3	0:45:52	288	Gillespie	Joshua	M	400m/10km/2.5km	12 to 13 M	CGT	13	0:06:46	0:01:02	0:22:51	0:00:45	0:14:28
4	0:46:04	287	Irvine-Smith	Michael James	M	400m/10km/2.5km	12 to 13 M	CGT	12	0:07:46	0:00:41	0:24:56	0:00:35	0:12:06
5	0:46:50	28	Nel	Jaydin	M	400m/10km/2.5km	12 to 13 M	FST	13	0:09:36	0:01:27	0:23:46	0:00:30	0:11:31
6	0:47:20	22	van den berg	marko	M	400m/10km/2.5km	12 to 13 M	FST	13	0:07:51	0:01:18	0:24:36	0:00:37	0:12:58
7	0:47:33	53	Smook	Nicolas	M	400m/10km/2.5km	12 to 13 M	ETA	13	0:09:31	0:01:07	0:23:57	0:00:38	0:12:20
8	0:47:41	172	Mkhize	Thobani	M	400m/10km/2.5km	12 to 13 M	KZN	13	0:10:43	0:01:09	0:24:20	0:00:57	0:10:32
9	0:48:30	179	Young	Jayden	M	400m/10km/2.5km	12 to 13 M	ZIM	13	0:10:17	0:01:18	0:24:09	0:00:47	0:11:59
10	0:49:23	160	De Villiers	Francois Jnr	M	400m/10km/2.5km	12 to 13 M	EPTA	12	0:09:02	0:01:45	0:25:36	0:01:07	0:11:53
11	0:49:35	165	Kemp	Brent	M	400m/10km/2.5km	12 to 13 M	KZN	13	0:07:52	0:01:12	0:24:56	0:00:38	0:14:57
12	0:50:27	170	Erskine	Kyle	M	400m/10km/2.5km	12 to 13 M	KZN	13	0:08:49	0:00:56	0:23:06	0:00:57	0:16:39
13	0:50:41	289	Botha	Rudi	M	400m/10km/2.5km	12 to 13 M	CGT	13	0:08:18	0:01:28	0:24:40	0:01:06	0:15:09
14	0:55:17	157	Schutte	Ryno	M	400m/10km/2.5km	12 to 13 M	NWT	12	0:10:58	0:02:16	0:27:29	0:00:45	0:13:49
15	0:55:32	23	Herbst	Mattheus Barend	M	400m/10km/2.5km	12 to 13 M	FST	13	0:09:29	0:01:30	0:28:56	0:01:01	0:14:36
16	1:00:19	164	Leijenaar	Rico	M	400m/10km/2.5km	12 to 13 M	NWT	12	0:11:14	0:01:57	0:29:26	0:02:19	0:15:23
17	1:04:47	162	Klinkenburg	Reghardt	M	400m/10km/2.5km	12 to 13 M	EPTA	12	0:17:01	0:02:06	0:26:23	0:02:02	0:17:15
-	DNF	290	Bettany	Trennon	M	400m/10km/2.5km	12 to 13 M	CGT	13	-	-	-	-	-
-	DQ	171	Sibisi	Sabelo	M	400m/10km/2.5km	12 to 13 M	KZN	13	0:09:34	0:00:48	0:31:20	0:00:39	0:13:26
12 to 13 Girls														
P_Cat	FinishTime	Race#	Surname	Name	Sex	Dist	Category	Province	Age	Swim	T1	Bike	T2	Run
1	0:40:58	168	Steyn	Courtney	F	400m/10km/2.5km	12 to 13 F	KZN	13	0:06:37	0:00:52	0:20:55	0:00:23	0:12:11
2	0:47:32	286	Doster	Bernelee	F	400m/10km/2.5km	12 to 13 F	CGT	13	0:07:30	0:01:07	0:25:24	0:00:27	0:13:04
3	0:48:55	167	Christianson	Emma	F	400m/10km/2.5km	12 to 13 F	KZN	12	0:07:33	0:01:19	0:26:15	0:00:46	0:13:02
4	0:50:52	250	Herman	Kiara Madison	F	400m/10km/2.5km	12 to 13 F	AMT	13	0:08:21	0:01:01	0:24:22	0:00:33	0:16:35

P_Cat	FinishTime	Race#	Surname	Name	Sex	Dist	Category	Province	Age	Swim	T1	Bike	T2	Run
14 to 15 Boys														
P_Cat	FinishTime	Race#	Surname	Name	Sex	Dist	Category	Province	Age	Swim	T1	Bike	T2	Run
1	0:37:47	112	Morrison	Jonathan	M	400m/10km/2.5km	14 to 15 M	TTA	15	0:06:36	0:00:34	0:19:17	0:00:33	0:10:47
2	0:38:50	15	Paulser	Marcel	M	400m/10km/2.5km	14 to 15 M	ZIM	15	0:06:44	0:00:38	0:19:12	0:00:32	0:11:44
3	0:40:11	190	Taljaard	Marco	M	400m/10km/2.5km	14 to 15 M	NWT	14	0:07:26	0:01:13	0:20:48	0:00:26	0:10:18
3	0:40:11	155	Venter	Rossouw	M	400m/10km/2.5km	14 to 15 M	TTA	15	0:06:14	0:00:39	0:19:36	0:00:31	0:10:00
5	0:40:12	185	Horak	Vojta	M	400m/10km/2.5km	14 to 15 M	EPTA	14	0:07:33	0:00:33	0:20:17	0:00:37	0:11:12
6	0:40:51	423	Raath	Matthew	M	400m/10km/2.5km	14 to 15 M	AMT	15	0:07:19	0:00:48	0:21:15	0:00:31	0:10:58
7	0:41:40	60	Steyn	Tanner	M	400m/10km/2.5km	14 to 15 M	KZN	0	0:06:59	0:01:05	0:21:13	0:00:25	0:11:58
8	0:41:51	294	Williams	Kain	M	400m/10km/2.5km	14 to 15 M	CGT	14	0:09:14	0:00:48	0:20:50	0:00:36	0:10:23
9	0:42:04	69	Palmer	Mathew	M	400m/10km/2.5km	14 to 15 M	ZIM	14	0:09:08	0:01:03	0:21:01	0:00:45	0:10:07
10	0:42:15	29	van Dyk	Marcu	M	400m/10km/2.5km	14 to 15 M	FST	14	0:08:46	0:00:56	0:21:07	0:00:28	0:10:58
11	0:43:00	21	Steffens	Luke	M	400m/10km/2.5km	14 to 15 M	ZIM	14	0:08:45	0:00:44	0:22:25	0:00:34	0:10:32
12	0:43:23	12	Prinsloo	Christiaan	M	400m/10km/2.5km	14 to 15 M	FST	15	0:09:15	0:01:01	0:20:58	0:00:49	0:11:20
13	0:43:35	293	Guerra	Giorgio	M	400m/10km/2.5km	14 to 15 M	CGT	15	0:07:17	0:00:55	0:23:05	0:00:43	0:11:35
14	0:43:40	176	de la Porte	Josh	M	400m/10km/2.5km	14 to 15 M	KZN	15	0:07:14	0:00:56	0:23:03	0:00:57	0:11:30
15	0:44:12	88	Gerry	Matt	M	400m/10km/2.5km	14 to 15 M	KZN	14	0:09:27	0:00:55	0:21:20	0:00:40	0:11:50
16	0:44:20	33	Hacker	Luke	M	400m/10km/2.5km	14 to 15 M	ZIM	0	0:09:03	0:00:55	0:22:04	0:00:30	0:11:48
17	0:45:05	151	flanegan	arthur joey	M	400m/10km/2.5km	14 to 15 M	AMT	15	0:09:20	0:01:13	0:22:48	0:00:50	0:10:54
18	0:45:13	115	Finger	Lebohang	M	400m/10km/2.5km	14 to 15 M	TTA	15	0:08:44	0:00:54	0:22:41	0:00:43	0:12:11
19	0:45:55	188	Bosch	Andrew	M	400m/10km/2.5km	14 to 15 M	EPTA	14	0:09:01	0:00:50	0:23:06	0:00:38	0:12:20
20	0:46:04	175	Swart	James	M	400m/10km/2.5km	14 to 15 M	KZN	14	0:09:49	0:00:54	0:21:56	0:00:29	0:12:56
21	0:46:45	205	Turner	Tristan	M	400m/10km/2.5km	14 to 15 M	KZN	14	0:07:52	0:01:13	0:25:03	0:00:44	0:11:53
22	0:46:48	226	Holderness	Dane	M	400m/10km/2.5km	14 to 15 M	ZIM	14	0:09:14	0:00:55	0:23:13	0:00:56	0:12:30
23	0:47:22	292	Bezuidenhout	Armant	M	400m/10km/2.5km	14 to 15 M	CGT	15	0:09:18	0:01:16	0:23:02	0:01:03	0:12:43
24	0:47:28	119	Heyns	Mike	M	400m/10km/2.5km	14 to 15 M	TTA	15	0:09:26	0:01:59	0:22:37	0:01:22	0:12:04
25	0:48:12	422	Fray	Jordan	M	400m/10km/2.5km	14 to 15 M	AMT	15	0:08:04	0:01:02	0:24:13	0:01:08	0:13:45
26	0:48:46	36	Kruger	SW	M	400m/10km/2.5km	14 to 15 M	FST	14	0:09:12	0:01:25	0:24:47	0:00:48	0:12:34
27	0:53:18	47	Mentz	Jan-Albert	M	400m/10km/2.5km	14 to 15 M	ETA	15	0:08:01	0:01:35	0:26:56	0:00:40	0:16:06
28	0:54:07	174	Shozi	Halalisani	M	400m/10km/2.5km	14 to 15 M	KZN	15	0:10:42	0:01:21	0:28:23	0:00:34	0:13:07
-	DNF	86	Muller	Kevin	M	400m/10km/2.5km	14 to 15 M	KZN	15	0:07:15	-	-	-	-
-	DNF	33	Hacker	Luke	M	400m/10km/2.5km	14 to 15 M	ZIM	14	0:08:20	0:01:04	0:22:41	0:00:40	-
-	DNF	52	Brugman	Leonard	M	400m/10km/2.5km	14 to 15 M	ETA	15	0:09:29	0:01:20	-	-	-
-	DQ	247	Jacobs	Jordyn	M	400m/10km/2.5km	14 to 15 M	ZIM	14	0:08:47	0:00:41	0:20:52	0:00:35	0:11:08

14 to 15 Girls

P_Cat	FinishTime	Race#	Surname	Name	Sex	Dist	Category	Province	Age	Swim	T1	Bike	T2	Run
1	0:41:01	17	SNYMAN	LIENKE	F	400m/10km/2.5km	14 to 15 F	FST	15	0:07:00	0:01:10	0:21:38	0:00:36	0:10:37
2	0:41:25	25	Kuipers	Andie	F	400m/10km/2.5km	14 to 15 F	ZIM	15	0:07:37	0:00:37	0:21:29	0:00:29	0:11:13
3	0:41:36	43	Elliott	Erin	F	400m/10km/2.5km	14 to 15 F	ZIM	14	0:07:35	0:00:39	0:21:28	0:00:29	0:11:25
4	0:42:09	87	Ribbink	Kira	F	400m/10km/2.5km	14 to 15 F	KZN	14	0:06:35	0:00:43	0:22:41	0:00:38	0:11:32
5	0:42:59	140	Nel	Dominique	F	400m/10km/2.5km	14 to 15 F	TTA	15	0:10:47	0:01:25	0:29:28	0:00:50	0:00:29
6	0:43:54	26	Colegrave	Mikayla	F	400m/10km/2.5km	14 to 15 F	ZIM	15	0:08:25	0:00:40	0:21:58	0:00:33	0:12:18
7	0:44:48	50	Labuschagne	Kyla	F	400m/10km/2.5km	14 to 15 F	ETA	15	0:08:27	0:00:56	0:21:44	0:00:42	0:12:59
8	0:44:59	85	Ribbink	Kayla	F	400m/10km/2.5km	14 to 15 F	KZN	15	0:06:47	0:00:54	0:24:33	0:00:49	0:11:56

P_Cat	FinishTime	Race#	Surname	Name	Sex	Dist	Category	Province	Age	Swim	T1	Bike	T2	Run
9	0:45:33	152	Botsane	Tsebo Katleho	F	400m/10km/2.5km	14 to 15 F	TTA	14	0:08:09	0:00:43	0:24:33	0:00:43	0:11:25
10	0:45:52	173	Roux	Aimee	F	400m/10km/2.5km	14 to 15 F	KZN	14	0:07:46	0:00:54	0:24:21	0:00:51	0:12:00
11	0:46:37	295	Stolarczyk	Nadya	F	400m/10km/2.5km	14 to 15 F	CGT	14	0:08:16	0:00:41	0:24:52	0:00:36	0:12:12
12	0:51:20	138	Greer	Catherine	F	400m/10km/2.5km	14 to 15 F	TTA	15	0:08:58	0:00:53	0:25:52	0:00:47	0:14:50
13	0:54:42	59	Nortje	Tayla	F	400m/10km/2.5km	14 to 15 F	ETA	14	0:09:05	0:01:11	0:26:42	0:00:54	0:16:50

P_Cat	FinishTime	Race#	Surname	Name	Sex	Dist	Category	Province	Age	Swim	T1	Bike	T2	Run
16 to 17 Boys														
P_Cat	FinishTime	Race#	Surname	Name	Sex	Dist	Category	Province	Age	Swim	T1	Bike	T2	Run
1	1:05:19	187	Riddle	Jamie Wilson	M	750m/20km/5km	16 to 17 M	EPTA	17	0:10:48	0:00:35	0:34:04	0:00:27	0:19:25
2	1:06:48	163	Van der Merwe	Xander	M	750m/20km/5km	16 to 17 M	TTA	17	0:12:01	0:00:34	0:34:31	0:00:27	0:19:15
3	1:08:35	117	Greyling	Matteo	M	750m/20km/5km	16 to 17 M	WPT	17	0:11:51	0:00:30	0:36:10	0:00:27	0:19:37
4	1:08:38	101	Elliot	Finn	M	750m/20km/5km	16 to 17 M	KZN	16	0:11:58	0:00:32	0:35:46	-	-
5	1:10:27	425	Saunders	Travis	M	750m/20km/5km	16 to 17 M	AMT	16	0:11:55	0:00:36	0:36:55	0:00:26	0:20:35
6	1:10:42	299	Stroebel	Christiaan	M	750m/20km/5km	16 to 17 M	CGT	16	0:11:15	0:00:27	0:36:05	0:00:29	0:22:26
7	1:11:42	10	Viljoen	Gean	M	750m/20km/5km	16 to 17 M	FST	16	0:11:59	0:00:30	0:36:55	0:00:34	0:21:44
8	1:12:42	63	Denslow	Matthew	M	750m/20km/5km	16 to 17 M	ZIM	14	0:13:15	-	-	-	-
9	1:12:55	42	Mentz	Frans-Josef	M	750m/20km/5km	16 to 17 M	ETA	17	0:12:08	0:00:45	0:39:31	0:00:29	0:20:02
10	1:13:23	11	bender	henro	M	750m/20km/5km	16 to 17 M	FST	16	0:13:38	0:00:58	0:38:19	0:00:46	0:19:42
11	1:15:04	67	Weyers	Ruan	M	750m/20km/5km	16 to 17 M	WPT	17	0:13:48	0:00:53	0:38:15	0:00:41	0:21:27
12	1:15:40	235	FISHER	SCOTT	M	750m/20km/5km	16 to 17 M	KZN	17	0:12:41	0:00:40	0:39:49	0:00:38	0:21:52
13	1:16:11	66	Wolstenholme	Jaco	M	750m/20km/5km	16 to 17 M	WPT	16	0:12:15	0:00:45	0:37:57	0:00:37	0:24:37
14	1:16:25	136	van der Veen	Caleb	M	750m/20km/5km	16 to 17 M	TTA	17	0:15:33	0:01:22	0:37:11	0:01:00	0:21:19
15	1:16:38	73	Moutzuris	Andoni	M	750m/20km/5km	16 to 17 M	ZIM	17	0:12:47	0:00:37	0:39:02	0:00:28	0:23:44
16	1:17:50	1	Cilliers	Adriaan Ian	M	750m/20km/5km	16 to 17 M	FST	16	0:15:41	0:00:40	0:38:44	0:00:52	0:21:53
17	1:18:42	62	Du Plooy	Divan	M	750m/20km/5km	16 to 17 M	Namibia	16	0:14:33	0:00:50	0:40:48	0:00:33	0:21:58
18	1:18:43	142	van der Merwe	Franco	M	750m/20km/5km	16 to 17 M	TTA	16	0:15:49	0:00:38	0:40:35	0:00:29	0:21:12
19	1:19:27	236	Botha	Pierre	M	750m/20km/5km	16 to 17 M	KZN	16	0:13:01	0:00:45	0:41:08	0:00:59	0:23:34
20	1:20:38	40	Elliott	Brett	M	750m/20km/5km	16 to 17 M	ZIM	17	0:14:22	0:00:33	0:40:14	0:00:33	0:24:56
21	1:22:02	222	du Toit	Gregory	M	750m/20km/5km	16 to 17 M	KZN	16	0:16:17	0:00:53	0:40:24	0:00:36	0:23:52
22	1:24:38	6	Engelbrecht	Casper	M	750m/20km/5km	16 to 17 M	FST	17	0:12:56	0:00:46	0:43:59	0:00:41	0:26:16
23	1:28:22	186	Klinkenburg	Dewald	M	750m/20km/5km	16 to 17 M	EPTA	16	0:14:44	0:01:04	0:41:38	0:00:36	0:30:20
24	1:29:16	303	Baily	Tim	M	750m/20km/5km	16 to 17 M	CGT	0	0:17:52	0:00:46	0:46:31	0:00:56	0:23:11
25	1:30:52	184	Hall	Shane	M	750m/20km/5km	16 to 17 M	EPTA	17	0:14:47	0:01:04	0:44:39	0:01:04	0:29:18
26	1:31:30	57	DU TOIT	STEPH	M	750m/20km/5km	16 to 17 M	ETA	17	0:18:58	0:01:40	0:42:19	0:01:42	0:26:51
27	1:41:27	239	Hlengwa	Sphesihle	M	750m/20km/5km	16 to 17 M	KZN	17	0:18:32	0:00:59	0:56:01	0:00:44	0:25:11
-	DNF	180	Shozi	Philasande	M	750m/20km/5km	16 to 17 M	KZN	16	0:22:35	0:01:13	0:25:51	0:00:34	-
-	DNF	300	Guerra	Giacomo	M	750m/20km/5km	16 to 17 M	CGT	17	-	-	-	-	-
-	DNF	304	Jardim	Tomé	M	750m/20km/5km	16 to 17 M	CGT	16	0:12:21	0:01:10	-	-	-
-	DQ	297	Williams	Bjorn	M	750m/20km/5km	16 to 17 M	CGT	16	0:12:51	0:00:27	0:39:41	0:00:28	0:24:24
16 to 17 Girls														
P_Cat	FinishTime	Race#	Surname	Name	Sex	Dist	Category	Province	Age	Swim	T1	Bike	T2	Run
1	1:13:26	95	Schlebusch	Amber	F	750m/20km/5km	16 to 17 F	KZN	16	0:12:07	0:00:36	0:39:13	0:00:35	0:20:55
2	1:15:18	296	Irvine-Smith	Ashleigh	F	750m/20km/5km	16 to 17 F	CGT	16	0:11:51	0:00:28	0:39:35	0:00:35	0:22:49
3	1:17:35	91	Gore	Tegan	F	750m/20km/5km	16 to 17 F	KZN	16	0:12:04	0:00:41	0:42:28	0:00:34	0:21:48
4	1:18:22	99	Theunissen	Bridget	F	750m/20km/5km	16 to 17 F	KZN	16	0:13:17	0:00:36	0:41:15	0:00:42	0:22:32
5	1:23:45	135	Strumpher	Britney Cristyn	F	750m/20km/5km	16 to 17 F	TTA	17	0:13:13	0:00:36	0:43:36	0:00:33	0:25:47
6	1:25:35	156	Kruger	Susanna Elizabeth	F	750m/20km/5km	16 to 17 F	TTA	17	0:13:30	0:00:43	0:46:44	0:00:33	0:24:05
7	1:26:05	302	Groenewald	Thana	F	750m/20km/5km	16 to 17 F	CGT	17	0:17:37	0:00:54	0:41:09	0:00:37	0:25:48
8	1:26:14	70	moller	angelique	F	750m/20km/5km	16 to 17 F	WPT	17	0:13:27	0:00:36	0:43:30	0:00:40	0:28:01
9	1:28:39	240	Soper	Jamie- Lee	F	750m/20km/5km	16 to 17 F	ZIM	17	0:15:34	0:00:37	0:45:22	0:00:43	0:26:23

P_Cat	FinishTime	Race#	Surname	Name	Sex	Dist	Category	Province	Age	Swim	T1	Bike	T2	Run
10	1:28:51	233	Dilmitis	Katie	F	750m/20km/5km	16 to 17 F	ZIM	17	0:14:40	0:00:36	0:49:32	0:00:35	0:23:28
11	1:28:52	182	Voges	Kris-Mari	F	750m/20km/5km	16 to 17 F	EPTA	17	0:16:09	0:01:06	0:46:25	0:00:40	0:24:32
12	1:33:37	301	Sallie	Tasneem	F	750m/20km/5km	16 to 17 F	CGT	17	0:16:15	0:01:19	0:46:16	0:00:46	0:29:01
13	1:36:00	48	Joubert	Jeanne	F	750m/20km/5km	16 to 17 F	ETA	16	0:14:09	0:00:59	0:54:08	0:00:52	0:25:52
14	1:44:22	132	Crichton	Alison	F	750m/20km/5km	16 to 17 F	TTA	16	0:19:07	0:01:04	0:52:09	0:01:08	0:30:54
-	DNF	97	Minnaar	Anke	F	750m/20km/5km	16 to 17 F	KZN	16	-	-	-	-	-
-	DNF	103	De Kock	Danieke	F	750m/20km/5km	16 to 17 F	AMT	17	0:14:11	0:00:55	-	-	-
-	DNF	183	Kruger	Martelize	F	750m/20km/5km	16 to 17 F	EPTA	17	-	-	-	-	-
-	DQ	146	Newman	Hannah	F	750m/20km/5km	16 to 17 F	TTA	17	0:12:49	0:00:33	0:41:54	0:00:26	0:24:36

P_Cat	FinishTime	Race#	Surname	Name	Sex	Dist	Category	Province	Age	Swim	T1	Bike	T2	Run
18 to 19 Men														
P_Cat	FinishTime	Race#	Surname	Name	Sex	Dist	Category	Province	Age	Swim	T1	Bike	T2	Run
1	1:05:36	37	Biggs	Asher	M	750m/20km/5km	18 to 19 M	ETA	18	0:12:03	0:00:30	0:34:30	0:00:28	0:18:05
2	1:07:26	203	de la Porte	Ben	M	750m/20km/5km	18 to 19 M	KZN	18	0:10:48	0:00:33	0:35:37	0:00:31	0:19:57
3	1:07:45	61	Hugnin	Tim	M	750m/20km/5km	18 to 19 M	Mauritius	19	0:11:25	0:00:31	0:35:05	0:00:29	0:20:15
4	1:08:05	308	Kennealy	Stephen	M	750m/20km/5km	18 to 19 M	CGT	18	0:12:05	0:00:44	0:34:41	0:00:32	0:20:03
5	1:08:19	65	Courts	Samuel	M	750m/20km/5km	18 to 19 M	WPT	18	0:12:09	0:00:35	0:35:40	0:00:33	0:19:22
6	1:10:00	149	Benade	Gideon	M	750m/20km/5km	18 to 19 M	ZIM	19	0:13:06	0:00:37	0:35:30	0:00:33	0:20:14
7	1:10:19	306	MacNair	Cameron	M	750m/20km/5km	18 to 19 M	CGT	19	0:13:06	0:00:33	0:35:40	0:00:32	0:20:28
8	1:14:32	106	Leon	Davion	M	750m/20km/5km	18 to 19 M	AMT	19	0:13:35	0:00:55	0:37:53	0:00:29	0:21:40
9	1:16:17	207	Dedlow	Rhys	M	750m/20km/5km	18 to 19 M	KZN	18	0:12:53	0:00:37	0:39:41	0:00:56	0:22:10
10	1:16:57	204	kemp	Ethan	M	750m/20km/5km	18 to 19 M	KZN	18	0:13:54	0:01:06	0:38:08	0:00:33	0:23:16
11	1:17:34	322	Flanagan	Cameron	M	750m/20km/5km	18 to 19 M	AMT	18	0:14:21	0:00:38	0:37:58	0:00:35	0:24:02
12	1:19:18	249	Van Zyl	Nico	M	750m/20km/5km	18 to 19 M	AMT	19	0:13:45	0:01:30	0:37:43	0:00:49	0:25:31
13	1:20:17	128	Colegrave	Alexander	M	750m/20km/5km	18 to 19 M	ZIM	18	0:14:13	0:00:30	0:44:14	0:00:31	0:20:49
14	1:22:18	424	Gertze	Clint	M	750m/20km/5km	18 to 19 M	AMT	18	0:19:11	0:00:38	0:39:42	0:00:40	0:22:07
15	1:25:07	245	Khetsi	Teko	M	750m/20km/5km	18 to 19 M	AMT	18	0:12:24	0:01:31	0:48:38	0:00:40	0:21:54
16	1:25:18	206	Botha	Jasper	M	750m/20km/5km	18 to 19 M	KZN	18	0:14:39	0:01:25	0:45:41	0:01:06	0:22:27
-	DNF	118	Greer	Matthew	M	750m/20km/5km	18 to 19 M	TTA	19	-	-	-	-	-
-	DNF	108	Saunders	Wickus	M	750m/20km/5km	18 to 19 M	AMT	19	0:12:00	0:08:54	-	-	-
18 to 19 Women														
P_Cat	FinishTime	Race#	Surname	Name	Sex	Dist	Category	Province	Age	Swim	T1	Bike	T2	Run
1	1:12:31	31	Vermaas	Jayne Sue	F	750m/20km/5km	18 to 19 F	FST	19	0:11:45	0:00:29	0:38:32	0:00:31	0:21:14
2	1:14:12	71	Williams	Shanae	F	750m/20km/5km	18 to 19 F	WPT	19	0:11:38	0:00:43	0:39:02	0:00:31	0:22:18
3	1:18:38	68	de Chassart	Gabrielle	F	750m/20km/5km	18 to 19 F	ZIM	18	0:13:43	0:00:28	0:41:03	0:00:30	0:22:54
4	1:18:50	121	Venter	Peta - Leigh	F	750m/20km/5km	18 to 19 F	TTA	18	0:12:44	0:00:36	0:41:58	0:00:32	0:23:00
5	1:19:10	72	Preen	Hayley	F	750m/20km/5km	18 to 19 F	WPT	19	0:14:39	0:00:47	0:40:47	0:00:50	0:22:07
6	1:24:00	102	Owen	Elne	F	750m/20km/5km	18 to 19 F	AMT	18	0:17:54	0:00:53	0:41:23	0:00:30	0:23:20
7	1:24:36	64	BROMLEY	CAYLAN	F	750m/20km/5km	18 to 19 F	WPT	18	0:11:48	0:00:56	0:45:01	0:00:39	0:26:12
8	1:24:59	202	Arrigo	Daniella	F	750m/20km/5km	18 to 19 F	KZN	18	0:16:33	0:01:06	0:44:01	0:01:09	0:22:10
9	1:27:15	111	Hempel	Kyra	F	750m/20km/5km	18 to 19 F	TTA	18	0:13:26	0:00:35	0:44:09	0:00:35	0:28:30
10	1:36:21	307	van der Merwe	Quinnlyn	F	750m/20km/5km	18 to 19 F	CGT	19	0:19:35	0:01:46	0:46:04	0:01:08	0:27:48
11	1:45:01	58	Hawley	Tamryn	F	750m/20km/5km	18 to 19 F	ETA	18	0:17:15	0:01:24	0:54:49	0:01:07	0:00:29
12	1:46:59	27	Rautenbach	Theane	F	750m/20km/5km	18 to 19 F	FST	18	0:17:56	0:01:27	0:54:16	0:01:12	0:32:08
-	DNF	181	Strauss	Gizelde	F	750m/20km/5km	18 to 19 F	TTA	18	0:13:00	0:00:30	0:44:17	-	-

P_Cat	FinishTime	Race#	Surname	Name	Sex	Dist	Category	Province	Age	Swim	T1	Bike	T2	Run
20 to 24 Men														
P_Cat	FinishTime	Race#	Surname	Name	Sex	Dist	Category	Province	Age	Swim	T1	Bike	T2	Run
1	2:12:51	131	Myburgh	Adriaan	M	1500m/40km/10km	20 to 24 M	TTA	20	0:22:27	0:00:49	1:06:48	0:00:38	0:42:09
2	2:15:36	20	Kruger	Dylan	M	1500m/40km/10km	20 to 24 M	NWT	20	0:19:11	0:00:50	1:10:53	0:00:33	0:44:09
3	2:18:50	216	Belman	Ross	M	1500m/40km/10km	20 to 24 M	KZN	23	0:19:21	0:00:58	1:13:12	0:00:44	0:44:35
4	2:19:45	189	Mienie	Francois	M	1500m/40km/10km	20 to 24 M	NWT	23	0:23:16	0:01:06	1:10:57	0:00:51	0:43:35
5	2:20:42	74	Tinkler	Nicholas	M	1500m/40km/10km	20 to 24 M	WPT	24	0:18:55	0:01:25	1:12:13	0:00:50	0:47:19
6	2:20:51	194	McGrath	Travis	M	1500m/40km/10km	20 to 24 M	EPTA	23	0:18:35	0:00:55	1:11:04	0:00:36	0:49:41
7	2:21:36	147	Cronje	Herculaas Jacobus	M	1500m/40km/10km	20 to 24 M	TTA	21	0:24:34	0:01:02	1:09:35	0:01:00	0:45:25
8	2:26:07	211	marais	konrad	M	1500m/40km/10km	20 to 24 M	KZN	24	0:24:44	0:00:44	1:15:45	0:01:01	0:43:53
9	2:27:34	197	Relling	Henry	M	1500m/40km/10km	20 to 24 M	NWT	21	0:25:20	0:01:09	1:11:22	0:00:59	0:48:44
10	2:27:36	75	Van Zyl	Dylan	M	1500m/40km/10km	20 to 24 M	WPT	22	0:24:10	0:01:12	1:13:00	0:00:44	0:48:30
11	2:28:41	309	de Goede	David	M	1500m/40km/10km	20 to 24 M	CGT	21	0:22:53	0:01:13	1:15:48	0:00:55	0:47:52
12	2:31:21	310	INGLEDEW	STUART	M	1500m/40km/10km	20 to 24 M	CGT	24	0:27:00	0:01:44	1:17:05	0:00:38	0:44:54
13	2:32:16	218	Pellew	Travers	M	1500m/40km/10km	20 to 24 M	KZN	24	0:26:38	0:01:06	1:14:26	0:00:36	0:49:30
14	2:33:18	208	Radebe	Hlelani	M	1500m/40km/10km	20 to 24 M	KZN	24	0:27:32	0:00:53	1:18:03	0:00:37	0:46:13
15	2:39:42	214	Radebe	Raymond	M	1500m/40km/10km	20 to 24 M	KZN	20	0:27:20	0:01:00	1:20:32	0:00:45	0:50:05
16	2:43:37	210	Stamatis	Jonathan	M	1500m/40km/10km	20 to 24 M	KZN	20	0:28:46	0:01:50	1:21:35	0:01:08	0:50:18
17	2:52:23	215	Huntley	Robin	M	1500m/40km/10km	20 to 24 M	KZN	24	0:30:25	0:02:43	1:22:52	0:01:37	0:54:46
18	2:58:16	217	Dlamini	Smiso	M	1500m/40km/10km	20 to 24 M	KZN	20	0:32:40	0:01:28	1:31:24	0:00:44	0:52:00
-	DNF	209	Henry	Jonathan	M	1500m/40km/10km	20 to 24 M	KZN	20	0:21:54	0:01:02	-	-	-
20 to 24 Women														
P_Cat	FinishTime	Race#	Surname	Name	Sex	Dist	Category	Province	Age	Swim	T1	Bike	T2	Run
1	2:28:30	143	Gioia	Gabriella	F	1500m/40km/10km	20 to 24 F	TTA	24	0:24:54	0:01:29	1:14:32	0:00:48	0:46:47
2	2:29:55	81	Krebs	michelle	F	1500m/40km/10km	20 to 24 F	WPT	23	0:23:26	0:01:20	1:18:16	0:00:51	0:46:02
3	2:35:26	76	Ouweneel	Birgitt	F	1500m/40km/10km	20 to 24 F	WPT	23	0:21:04	0:01:25	1:19:37	0:00:41	0:52:39
4	2:55:14	213	Grundlingh	Nina	F	1500m/40km/10km	20 to 24 F	KZN	22	0:26:41	0:01:37	1:36:52	0:01:09	0:48:55
5	03:01:26	193	Wille	Taryn-Maie	F	1500m/40km/10km	20 to 24 F	EPTA	20	0:27:41	0:01:09	1:31:59	0:00:51	0:59:46
6	3:07:02	113	Scholtz	Liske	F	1500m/40km/10km	20 to 24 F	NWT	21	0:29:02	0:02:02	1:39:14	0:02:38	0:54:06
-	DNF	311	Otto	Taneal	F	1500m/40km/10km	20 to 24 F	CGT	21	-	-	-	-	-

P_Cat	FinishTime	Race#	Surname	Name	Sex	Dist	Category	Province	Age	Swim	T1	Bike	T2	Run
25 to 29 Men														
P_Cat	FinishTime	Race#	Surname	Name	Sex	Dist	Category	Province	Age	Swim	T1	Bike	T2	Run
1	2:08:54	77	Meyer	Rohan	M	1500m/40km/10km	25 to 29 M	WPT	26	0:21:34	0:00:55	1:05:49	0:00:39	0:39:57
2	2:09:58	110	De Freitas	Jonathan Abrie	M	1500m/40km/10km	25 to 29 M	TTA	28	0:19:14	0:00:50	1:12:23	0:00:30	0:37:01
3	2:13:43	78	Steele	Nolan Murray	M	1500m/40km/10km	25 to 29 M	WPT	25	0:21:40	0:01:07	1:11:00	0:00:35	0:39:21
4	2:13:52	318	Bayvel	Scott	M	1500m/40km/10km	25 to 29 M	CGT	26	0:21:18	0:00:49	-	-	0:43:15
5	2:18:02	312	Waldauer	Alex	M	1500m/40km/10km	25 to 29 M	CGT	25	0:21:46	0:00:57	1:11:12	0:00:42	0:43:25
6	2:19:56	314	Corke	Haydn	M	1500m/40km/10km	25 to 29 M	CGT	25	0:20:55	0:00:57	1:10:57	0:00:49	0:46:18
7	2:23:05	223	Gwala	Mlengi	M	1500m/40km/10km	25 to 29 M	KZN	26	0:22:46	0:01:06	1:15:53	0:00:47	0:42:33
8	2:24:08	80	Kemp	Marthinus	M	1500m/40km/10km	25 to 29 M	WPT	29	0:22:57	0:00:57	1:12:44	0:00:43	0:46:47
9	2:24:42	55	Louw	Dehan	M	1500m/40km/10km	25 to 29 M	NWT	25	0:24:50	0:01:04	1:11:06	0:01:01	0:46:41
10	2:30:09	227	Botha	Wade	M	1500m/40km/10km	25 to 29 M	KZN	29	0:21:30	0:01:08	1:19:07	0:00:47	0:47:37
11	2:32:21	195	de Lange	De Wet	M	1500m/40km/10km	25 to 29 M	EPTA	29	0:24:38	0:01:47	1:18:23	0:00:47	0:46:46
12	2:33:40	109	Kaklele	Sikelela	M	1500m/40km/10km	25 to 29 M	AMT	25	0:30:52	0:01:17	1:26:03	0:00:49	0:34:39
13	2:37:27	79	Krebs	Alexander	M	1500m/40km/10km	25 to 29 M	WPT	25	0:26:10	0:01:47	-	-	-
14	2:38:07	225	Busuku	Sphamandla	M	1500m/40km/10km	25 to 29 M	KZN	27	0:27:21	0:01:22	1:19:21	0:01:14	0:48:49
15	2:44:35	224	howse	rowan	M	1500m/40km/10km	25 to 29 M	KZN	26	0:23:23	0:01:09	1:32:42	0:00:47	0:46:34
16	3:02:01	14	Sekaleli	kabelo vincent	M	1500m/40km/10km	25 to 29 M	FST	27	0:32:42	0:02:33	1:34:22	0:01:49	0:50:35
25 to 29 Women														
P_Cat	FinishTime	Race#	Surname	Name	Sex	Dist	Category	Province	Age	Swim	T1	Bike	T2	Run
1	2:39:25	315	Standing	Kirsty	F	1500m/40km/10km	25 to 29 F	CGT	25	0:23:36	0:01:55	1:19:30	0:00:47	0:53:37
2	2:40:15	317	Summerscales	Samantha	F	1500m/40km/10km	25 to 29 F	CGT	26	0:27:04	0:00:48	1:19:06	0:00:51	0:52:26
3	2:40:41	220	du Plessis	Melanie	F	1500m/40km/10km	25 to 29 F	KZN	28	0:25:56	0:01:05	1:18:42	0:00:53	0:54:05
4	2:46:20	153	Hugo	Rinel	F	1500m/40km/10km	25 to 29 F	TTA	28	0:28:25	0:01:14	1:19:23	0:00:53	0:56:25
5	2:47:07	313	Tracey	Caitlin	F	1500m/40km/10km	25 to 29 F	CGT	26	0:24:10	0:01:26	1:27:37	0:01:25	0:52:29
6	3:01:42	221	ABBEY	MELISSA	F	1500m/40km/10km	25 to 29 F	KZN	25	0:29:12	0:02:08	1:31:24	0:01:24	0:57:34
7	3:09:10	316	Whelan	Megan	F	1500m/40km/10km	25 to 29 F	CGT	29	0:32:15	0:02:14	1:40:12	0:01:22	0:53:07

P_Cat	FinishTime	Race#	Surname	Name	Sex	Dist	Category	Province	Age	Swim	T1	Bike	T2	Run
30 to 34 Men														
P_Cat	FinishTime	Race#	Surname	Name	Sex	Dist	Category	Province	Age	Swim	T1	Bike	T2	Run
1	2:07:10	319	difford	bryan	M	1500m/40km/10km	30 to 34 M	CGT	31	0:18:10	0:01:19	1:05:26	0:00:41	0:41:34
2	2:11:54	56	Mortlock	Roger	M	1500m/40km/10km	30 to 34 M	ETA	31	0:20:55	0:01:29	1:08:15	0:00:48	0:40:27
3	2:20:56	324	Whelan	Darryn	M	1500m/40km/10km	30 to 34 M	CGT	30	0:21:36	0:00:44	1:07:47	0:00:40	0:50:09
4	2:21:10	328	Davies	Lyle	M	1500m/40km/10km	30 to 34 M	CGT	34	0:23:05	0:01:56	1:08:13	0:01:06	0:46:50
5	2:21:24	327	Naude	Leon	M	1500m/40km/10km	30 to 34 M	CGT	34	0:25:42	0:01:23	1:10:31	0:01:04	0:42:44
6	2:29:35	107	Ribbens	Willem Adriaan DelaRey	M	1500m/40km/10km	30 to 34 M	TTA	30	0:22:56	0:00:46	1:14:41	0:01:00	0:50:12
7	2:31:11	114	Makeleni	Vukile	M	1500m/40km/10km	30 to 34 M	AMT	31	0:24:33	0:01:16	1:19:22	0:00:49	0:45:11
8	2:32:37	229	Clelland	Kevin	M	1500m/40km/10km	30 to 34 M	KZN	33	0:26:07	0:01:32	1:11:30	0:01:06	0:52:22
9	2:33:14	326	Otto	Jaryd	M	1500m/40km/10km	30 to 34 M	CGT	30	0:23:03	0:01:43	1:19:49	0:00:54	0:47:45
10	2:40:21	196	D'Arcy	Shane	M	1500m/40km/10km	30 to 34 M	EPTA	32	0:22:11	0:01:13	1:20:58	0:00:57	0:55:02
11	2:42:47	4	Schoonwinkel	Ben	M	1500m/40km/10km	30 to 34 M	FST	32	0:28:58	0:01:20	1:19:08	0:01:10	0:52:11
12	2:48:56	7	Stander	Frans	M	1500m/40km/10km	30 to 34 M	FST	31	0:30:46	0:01:39	1:22:29	0:00:58	0:53:04
13	2:48:58	35	du Toit	Stefan	M	1500m/40km/10km	30 to 34 M	FST	32	0:30:55	0:01:29	1:20:03	0:01:12	0:55:19
-	DNF	3	Botha	Antonie	M	1500m/40km/10km	30 to 34 M	FST	32	0:27:01	0:01:44	1:22:15	-	-
-	DNF	323	Nortje	Claude	M	1500m/40km/10km	30 to 34 M	CGT	33	-	-	-	-	-
-	DNF	49	Victor	Justin	M	1500m/40km/10km	30 to 34 M	ETA	31	-	-	-	-	-
-	DNF	232	Hadebe	Phillip	M	1500m/40km/10km	30 to 34 M	KZN	30	0:32:23	0:01:44	-	-	-
-	DNF	231	Forsyth	Nicholas	M	1500m/40km/10km	30 to 34 M	KZN	31	0:20:51	0:01:19	-	-	-
30 to 34 Women														
P_Cat	FinishTime	Race#	Surname	Name	Sex	Dist	Category	Province	Age	Swim	T1	Bike	T2	Run
1	2:30:10	325	Van der Vyver	Eulali	F	1500m/40km/10km	30 to 34 F	CGT	32	0:27:25	0:01:16	1:14:38	0:00:49	0:46:02
2	2:36:28	228	Clelland	Katherine	F	1500m/40km/10km	30 to 34 F	KZN	34	0:23:32	0:01:23	1:19:15	0:00:41	0:51:37
3	2:38:20	82	Hattingh	Christelle	F	1500m/40km/10km	30 to 34 F	WPT	34	0:26:55	0:01:05	1:20:06	0:00:53	0:49:21
4	2:44:16	235	Geldenhuis	Rozanne	F	1500m/40km/10km	30 to 34 F	KZN	34	0:26:42	0:01:30	1:23:59	0:00:58	0:51:07
5	2:45:40	321	Hepburn	Candice	F	1500m/40km/10km	30 to 34 F	CGT	32	0:23:24	0:01:28	1:24:41	0:00:52	0:55:15
6	3:03:01	230	Knipe	Megan	F	1500m/40km/10km	30 to 34 F	KZN	34	0:31:36	0:02:08	1:29:35	0:01:32	0:58:10
7	3:05:21	24	Raimondo	Nadia	F	1500m/40km/10km	30 to 34 F	FST	34	0:29:43	0:02:04	1:40:55	0:01:36	0:51:03
-	DNF	329	Turner	Roxanne	F	1500m/40km/10km	30 to 34 F	CGT	30	-	-	-	-	-

P_Cat	FinishTime	Race#	Surname	Name	Sex	Dist	Category	Province	Age	Swim	T1	Bike	T2	Run
35 to 39 Men														
P_Cat	FinishTime	Race#	Surname	Name	Sex	Dist	Category	Province	Age	Swim	T1	Bike	T2	Run
1	2:05:10	238	Geldenhuys	Donovan	M	1500m/40km/10km	35 to 39 M	KZN	36	0:20:09	0:00:50	1:03:13	0:00:54	0:40:04
2	2:08:46	159	Steyn	Wilhelm	M	1500m/40km/10km	35 to 39 M	TTA	38	0:21:27	0:00:51	1:07:20	0:00:30	0:38:38
3	2:19:28	337	Morris	Nic	M	1500m/40km/10km	35 to 39 M	CGT	39	0:18:41	0:01:11	1:11:52	0:00:38	0:47:06
4	2:31:24	252	Aspeling	Tony	M	1500m/40km/10km	35 to 39 M	KZN	36	0:26:02	0:01:42	1:16:17	0:00:49	0:46:34
5	2:32:21	335	Middlewick	John	M	1500m/40km/10km	35 to 39 M	CGT	37	0:22:47	0:01:32	1:18:52	0:01:02	0:48:08
6	2:34:51	154	Schutte	Roelof	M	1500m/40km/10km	35 to 39 M	TTA	35	0:28:15	0:01:35	1:15:48	0:01:12	0:48:01
7	2:36:58	246	Muller	Paul	M	1500m/40km/10km	35 to 39 M	KZN	38	0:24:16	0:01:09	1:15:10	0:00:49	0:55:34
8	2:38:06	133	Morkel	Barend	M	1500m/40km/10km	35 to 39 M	TTA	37	0:25:13	0:02:06	1:18:28	0:00:53	0:51:26
9	2:39:12	45	Stoltz	Grozelle	M	1500m/40km/10km	35 to 39 M	ETA	36	0:22:21	0:01:29	1:20:36	0:01:12	0:53:34
10	2:44:11	334	VAN TONDER	JACO	M	1500m/40km/10km	35 to 39 M	CGT	39	0:25:23	0:01:25	1:19:06	0:01:06	0:57:11
11	2:47:11	336	Dicks	Jonathan	M	1500m/40km/10km	35 to 39 M	CGT	37	0:28:30	0:02:29	1:24:05	0:01:44	0:50:23
12	2:54:56	19	Shange	Sandile	M	1500m/40km/10km	35 to 39 M	KZN	36	0:22:50	0:01:21	1:27:46	0:01:02	1:01:57
13	3:03:47	333	Sindane	George	M	1500m/40km/10km	35 to 39 M	CGT	35	0:29:46	0:02:29	1:31:49	0:01:33	0:58:10
-	DNF	341	Rossouw	Tiaan	M	1500m/40km/10km	35 to 39 M	CGT	39	0:27:13	0:01:09	1:08:22	0:00:34	-
-	DNF	237	Venter	Bradley	M	1500m/40km/10km	35 to 39 M	KZN	37	0:21:32	0:00:54	1:06:07	0:00:49	-
-	DNF	242	stevens	noel	M	1500m/40km/10km	35 to 39 M	KZN	38	-	-	-	-	-
35 to 39 Women														
P_Cat	FinishTime	Race#	Surname	Name	Sex	Dist	Category	Province	Age	Swim	T1	Bike	T2	Run
1	2:29:33	339	Pretorius	Sunee	F	1500m/40km/10km	35 to 39 F	CGT	36	0:22:40	0:01:15	1:17:11	0:00:59	0:47:28
2	2:30:58	251	Featherby	Teneal	F	1500m/40km/10km	35 to 39 F	KZN	37	0:23:25	0:01:25	1:17:32	0:00:47	0:47:49
3	2:41:34	338	Harrington	Samantha	F	1500m/40km/10km	35 to 39 F	CGT	36	0:23:48	0:01:03	1:20:02	0:00:50	0:55:51
4	2:47:25	330	Kukard	Aletta Catharina	F	1500m/40km/10km	35 to 39 F	CGT	37	0:27:37	0:01:23	1:21:10	0:01:12	0:56:03
5	2:50:10	332	Van Heerden	Estie	F	1500m/40km/10km	35 to 39 F	CGT	38	0:29:53	0:01:17	1:21:22	0:01:00	0:56:38
6	2:54:27	38	Green	Donne	F	1500m/40km/10km	35 to 39 F	ETA	36	0:28:49	0:01:46	1:27:59	0:01:38	0:54:15
7	2:58:54	340	Collister	Taryn	F	1500m/40km/10km	35 to 39 F	CGT	39	0:29:52	0:02:47	1:28:14	0:01:36	0:56:25
8	3:00:21	83	Harmse	Anneri	F	1500m/40km/10km	35 to 39 F	WPT	36	0:27:24	0:01:56	1:29:56	0:01:11	0:59:54
9	3:03:37	331	Timm	Bronwyn	F	1500m/40km/10km	35 to 39 F	CGT	36	0:33:11	0:02:23	1:22:57	0:01:27	1:03:39
10	3:12:55	34	Barnard	Sharine Sophia	F	1500m/40km/10km	35 to 39 F	FST	37	0:32:30	0:02:49	1:35:00	0:01:23	1:01:13
11	3:18:44	241	Shepard	Kathryn	F	1500m/40km/10km	35 to 39 F	KZN	38	0:38:08	0:01:49	1:28:21	0:02:06	1:08:20

P_Cat	FinishTime	Race#	Surname	Name	Sex	Dist	Category	Province	Age	Swim	T1	Bike	T2	Run
40 to 44 Men														
P_Cat	FinishTime	Race#	Surname	Name	Sex	Dist	Category	Province	Age	Swim	T1	Bike	T2	Run
1	2:17:05	354	Stewart	Robert	M	1500m/40km/10km	40 to 44 M	CGT	42	0:25:43	0:00:54	1:06:47	0:00:45	0:42:56
2	2:21:01	351	Kotlar	Mark	M	1500m/40km/10km	40 to 44 M	CGT	44	0:26:23	0:01:26	1:08:39	0:00:56	0:43:37
3	2:25:03	355	Skews	Roger	M	1500m/40km/10km	40 to 44 M	CGT	41	0:22:54	0:01:29	1:12:56	0:00:55	0:46:49
4	2:29:25	260	Terblanche	Johann	M	1500m/40km/10km	40 to 44 M	KZN	44	-	-	-	-	-
5	2:32:46	254	Swart	David	M	1500m/40km/10km	40 to 44 M	KZN	44	0:23:33	0:01:35	1:15:01	0:01:02	0:51:35
6	2:38:41	343	Montano	Garreth	M	1500m/40km/10km	40 to 44 M	CGT	40	0:27:03	0:01:50	1:15:44	0:01:32	0:52:32
7	2:41:09	353	Brown	Richard	M	1500m/40km/10km	40 to 44 M	CGT	43	0:26:53	0:01:55	1:16:04	0:01:18	0:54:59
8	2:42:30	345	de Bruyn	John Victor	M	1500m/40km/10km	40 to 44 M	CGT	43	0:22:36	0:01:19	1:16:12	0:00:59	1:01:24
9	2:45:53	44	Engelbrecht	Gerrit	M	1500m/40km/10km	40 to 44 M	ETA	41	-	-	-	-	-
10	2:45:56	116	Ferreira	Martin	M	1500m/40km/10km	40 to 44 M	TTA	43	0:30:43	0:01:19	1:18:28	0:01:05	0:54:21
11	2:52:23	352	Matene	Mongi	M	1500m/40km/10km	40 to 44 M	CGT	40	0:32:48	0:02:52	1:30:50	0:02:31	0:43:22
-	DNF	150	Fourie	Jacobus	M	1500m/40km/10km	40 to 44 M	TTA	44	-	-	-	-	-
-	DNF	255	Eksteen	Richard	M	1500m/40km/10km	40 to 44 M	KZN	41	-	-	-	-	-
-	DNF	344	wilford	jason	M	1500m/40km/10km	40 to 44 M	CGT	41	0:27:40	0:00:57	-	-	-
40 to 44 Women														
P_Cat	FinishTime	Race#	Surname	Name	Sex	Dist	Category	Province	Age	Swim	T1	Bike	T2	Run
1	2:47:14	256	Schlebusch Green	Robyn	F	1500m/40km/10km	40 to 44 F	KZN	40	0:26:14	0:01:35	1:23:47	0:00:54	0:54:44
2	2:51:25	347	Brown	Kim Tracey	F	1500m/40km/10km	40 to 44 F	CGT	42	0:24:07	0:01:38	1:24:57	0:01:06	0:59:37
3	3:00:01	253	Scruby	Angela	F	1500m/40km/10km	40 to 44 F	KZN	44	0:31:19	0:01:35	1:27:52	0:01:07	0:58:08
4	3:01:54	39	de Beer	Elsa	F	1500m/40km/10km	40 to 44 F	ETA	40	0:32:06	0:02:44	1:30:23	0:01:11	0:55:30
5	3:02:38	348	Joubert	Lelani	F	1500m/40km/10km	40 to 44 F	CGT	44	0:41:18	0:02:04	1:25:41	0:01:04	0:52:31
6	3:05:05	342	Hazenberg	Agaath	F	1500m/40km/10km	40 to 44 F	CGT	40	0:31:34	-	-	-	-
7	3:05:29	148	Dougal	Igna	F	1500m/40km/10km	40 to 44 F	TTA	40	0:29:30	0:02:13	1:29:54	0:02:21	1:01:31
8	3:07:29	92	Van Dyk	Michelle	F	1500m/40km/10km	40 to 44 F	WPT	44	0:35:32	0:01:59	1:29:45	0:01:25	0:58:48
9	3:13:21	346	Wilford	Julie	F	1500m/40km/10km	40 to 44 F	CGT	44	0:33:27	0:01:21	1:32:21	0:01:39	1:04:33
-	DNF	349	Kreusch	Lize-Mari	F	1500m/40km/10km	40 to 44 F	CGT	44	-	-	-	-	-

P_Cat	FinishTime	Race#	Surname	Name	Sex	Dist	Category	Province	Age	Swim	T1	Bike	T2	Run
45 to 49 Men														
P_Cat	FinishTime	Race#	Surname	Name	Sex	Dist	Category	Province	Age	Swim	T1	Bike	T2	Run
1	2:16:51	258	Gore	Glen	M	1500m/40km/10km	45 to 49 M	KZN	48	0:18:27	0:01:00	1:13:53	0:00:36	0:42:55
2	2:20:04	262	Hand	Justin	M	1500m/40km/10km	45 to 49 M	KZN	46	0:22:44	0:01:30	1:12:13	0:01:00	0:42:37
3	2:20:58	265	de la Porte	Shaun	M	1500m/40km/10km	45 to 49 M	KZN	47	0:24:41	0:01:06	1:09:27	0:01:07	0:44:37
4	2:25:51	371	Kane-Smith	Mike	M	1500m/40km/10km	45 to 49 M	CGT	45	0:19:18	0:01:36	1:14:45	0:01:06	0:49:06
5	2:26:14	362	Tew	David	M	1500m/40km/10km	45 to 49 M	CGT	46	0:21:43	0:01:11	1:11:44	0:00:45	0:50:51
6	2:27:09	54	Joubert	Richard	M	1500m/40km/10km	45 to 49 M	ETA	48	0:23:39	0:01:42	1:12:14	0:01:12	0:48:22
7	2:28:01	9	Gardner	Dave	M	1500m/40km/10km	45 to 49 M	ZIM	46	0:21:21	0:01:02	1:17:08	0:01:05	0:47:25
8	2:28:48	364	bargon	guenther	M	1500m/40km/10km	45 to 49 M	CGT	45	0:22:30	0:01:16	1:14:49	0:01:09	0:49:04
9	2:31:49	376	Geers	Warren	M	1500m/40km/10km	45 to 49 M	CGT	48	0:29:56	0:01:52	1:11:37	0:00:55	0:47:29
10	2:34:13	122	leijenaar	cor	M	1500m/40km/10km	45 to 49 M	NWT	47	0:26:44	0:01:23	1:20:12	0:00:42	0:45:12
11	2:35:54	134	Westra	Bernhard	M	1500m/40km/10km	45 to 49 M	TTA	45	0:24:31	0:01:50	1:16:03	0:01:26	0:52:04
12	2:38:26	177	van Niekerk	Stephen	M	1500m/40km/10km	45 to 49 M	EPTA	46	0:26:58	0:01:06	1:17:02	0:00:53	0:52:27
13	2:39:10	120	DAY	MORNE	M	1500m/40km/10km	45 to 49 M	TTA	47	0:28:02	0:02:19	1:15:20	0:01:01	0:52:28
14	2:40:20	5	van der Leek	Casey	M	1500m/40km/10km	45 to 49 M	FST	47	0:22:52	0:02:13	1:20:10	0:01:49	0:53:16
15	2:43:51	125	Edwards	Grant	M	1500m/40km/10km	45 to 49 M	AMT	49	0:29:16	-	-	-	-
16	2:45:04	369	Corker	Marc	M	1500m/40km/10km	45 to 49 M	CGT	45	0:28:40	0:01:24	1:20:44	0:00:58	0:53:18
17	2:45:31	358	Rautenbach	Collen	M	1500m/40km/10km	45 to 49 M	CGT	47	0:28:32	0:02:18	1:19:15	0:01:12	0:54:14
18	2:45:51	145	HEYNS	GERT FREDERICK	M	1500m/40km/10km	45 to 49 M	TTA	45	0:30:21	0:01:54	1:18:11	0:00:54	0:54:31
19	2:54:56	13	de Villiers	Johann	M	1500m/40km/10km	45 to 49 M	FST	48	-	-	-	-	-
20	2:55:58	257	van eyssen	chris	M	1500m/40km/10km	45 to 49 M	KZN	45	0:30:42	0:02:43	1:25:45	0:01:37	0:55:11
21	3:22:20	16	KIRSTEN	KENNETH GARTH	M	1500m/40km/10km	45 to 49 M	FST	46	0:29:32	-	-	-	-
-	DNF	366	Tew	Gregory	M	1500m/40km/10km	45 to 49 M	CGT	45	-	-	-	-	-
-	DNF	372	van der Leeuw	Phillipe	M	1500m/40km/10km	45 to 49 M	CGT	45	0:22:26	0:00:55	-	-	-
-	DNF	360	de Goede	Danie	M	1500m/40km/10km	45 to 49 M	CGT	48	-	-	-	-	-
45 to 49 Women														
P_Cat	FinishTime	Race#	Surname	Name	Sex	Dist	Category	Province	Age	Swim	T1	Bike	T2	Run
1	2:40:04	370	Staal	Michelle	F	1500m/40km/10km	45 to 49 F	CGT	45	0:26:43	0:01:27	1:21:28	0:00:44	0:49:42
2	2:43:24	368	Prost	Linda	F	1500m/40km/10km	45 to 49 F	CGT	48	0:26:19	0:01:37	1:20:30	0:01:12	0:53:46
3	2:47:34	373	Wallis	Ronel	F	1500m/40km/10km	45 to 49 F	CGT	46	0:23:05	0:01:43	1:20:49	0:01:03	1:00:54
4	2:52:45	356	Lailvaux	Alison	F	1500m/40km/10km	45 to 49 F	CGT	47	0:30:56	0:02:00	1:27:36	0:01:07	0:51:06
5	3:02:32	264	Ambrosio	Natasja	F	1500m/40km/10km	45 to 49 F	KZN	46	0:32:32	0:01:51	1:31:18	0:01:37	0:55:14
6	3:04:21	263	van Rooyen	liza	F	1500m/40km/10km	45 to 49 F	KZN	45	0:33:21	0:02:21	1:33:42	0:01:11	0:53:46
7	3:07:56	375	Proudfoot	Tracey	F	1500m/40km/10km	45 to 49 F	CGT	47	0:32:00	0:02:21	1:30:56	0:01:51	1:00:48
8	3:08:51	374	Wilson	Tessa	F	1500m/40km/10km	45 to 49 F	CGT	45	0:35:20	0:02:40	1:27:07	0:01:54	1:01:50
9	3:14:16	266	Gore	Tracy	F	1500m/40km/10km	45 to 49 F	KZN	47	0:35:46	-	1:35:49	-	1:02:41
10	3:18:56	365	Mee	Genee	F	1500m/40km/10km	45 to 49 F	CGT	45	0:24:37	0:01:47	1:45:44	0:01:42	1:05:06
-	DNF	259	Joseph	Hayley	F	1500m/40km/10km	45 to 49 F	KZN	45	-	-	-	-	-

P_Cat	FinishTime	Race#	Surname	Name	Sex	Dist	Category	Province	Age	Swim	T1	Bike	T2	Run
50 to 54 Men														
P_Cat	FinishTime	Race#	Surname	Name	Sex	Dist	Category	Province	Age	Swim	T1	Bike	T2	Run
1	2:17:03	267	Henry	Alan	M	1500m/40km/10km	50 to 54 M	KZN	50	0:20:29	0:01:37	1:06:51	0:01:13	0:46:53
2	2:23:36	387	Pirow	Piers	M	1500m/40km/10km	50 to 54 M	CGT	52	0:22:42	0:01:20	1:11:49	0:00:37	0:47:08
3	2:29:47	377	Thorpe	Chris	M	1500m/40km/10km	50 to 54 M	CGT	51	0:22:37	0:00:55	1:12:30	0:00:45	0:53:00
4	2:34:41	94	Wolstenholme	Henry	M	1500m/40km/10km	50 to 54 M	WPT	50	0:33:52	0:01:34	1:15:39	0:00:53	0:42:43
5	2:35:21	139	Retief	Danie	M	1500m/40km/10km	50 to 54 M	TTA	50	0:23:15	0:01:15	1:15:31	0:01:07	0:54:13
6	2:43:47	126	Wood	Haydon	M	1500m/40km/10km	50 to 54 M	AMT	52	0:31:50	-	-	-	-
7	2:46:15	383	BROOKS	GRAHAM	M	1500m/40km/10km	50 to 54 M	CGT	50	0:26:18	0:01:57	1:19:29	0:01:24	0:57:07
8	2:48:34	385	confait	paul	M	1500m/40km/10km	50 to 54 M	CGT	53	0:28:39	0:01:48	1:23:37	0:01:08	0:53:22
9	2:52:49	158	Mouton	Wynand	M	1500m/40km/10km	50 to 54 M	TTA	54	0:29:25	0:01:53	1:18:09	0:01:26	1:01:56
10	2:56:12	60	Leslie	Bruce	M	1500m/40km/10km	50 to 54 M	ETA	54	0:27:34	0:01:54	1:32:21	0:00:50	0:53:33
11	3:01:24	268	Cordes	Bryan	M	1500m/40km/10km	50 to 54 M	KZN	53	0:27:47	0:02:53	1:25:04	0:01:38	1:04:02
12	3:05:58	270	Jarvie	Eric	M	1500m/40km/10km	50 to 54 M	KZN	53	0:29:59	0:02:45	1:30:47	0:02:20	1:00:07
-	DNF	384	Daniz	Milan	M	1500m/40km/10km	50 to 54 M	CGT	51	-	-	-	-	-
-	DNF	199	Marriott	Peter Norman	M	1500m/40km/10km	50 to 54 M	EPTA	51	0:23:36	0:01:34	-	-	-
50 to 54 Women														
P_Cat	FinishTime	Race#	Surname	Name	Sex	Dist	Category	Province	Age	Swim	T1	Bike	T2	Run
1	2:48:10	386	Constancon	Petruschka	F	1500m/40km/10km	50 to 54 F	CGT	51	0:26:40	0:02:19	1:21:52	0:01:23	0:55:56
2	2:55:07	382	Rocha	Donne	F	1500m/40km/10km	50 to 54 F	CGT	53	0:31:15	0:01:58	-	-	0:51:13
3	2:57:36	141	Strydom	Frances	F	1500m/40km/10km	50 to 54 F	TTA	53	0:28:13	0:02:10	1:31:21	0:01:25	0:54:27
4	2:58:16	388	Swait	Terry	F	1500m/40km/10km	50 to 54 F	CGT	52	0:23:16	0:02:22	1:32:25	0:01:48	0:58:25
5	3:09:23	127	Langtree	Alison	F	1500m/40km/10km	50 to 54 F	AMT	54	0:36:46	0:02:16	1:32:43	0:01:44	0:55:54
6	3:12:34	271	Babich	Gail	F	1500m/40km/10km	50 to 54 F	KZN	53	0:31:38	-	-	-	-
-	DNF	381	Quinn	Deborah	F	1500m/40km/10km	50 to 54 F	CGT	53	-	-	-	-	-
-	DNF	269	Cordes	Cavill	F	1500m/40km/10km	50 to 54 F	KZN	50	-	-	-	-	-

P_Cat	FinishTime	Race#	Surname	Name	Sex	Dist	Category	Province	Age	Swim	T1	Bike	T2	Run
55 to 59 Men														
P_Cat	FinishTime	Race#	Surname	Name	Sex	Dist	Category	Province	Age	Swim	T1	Bike	T2	Run
1	2:37:55	395	Wrench	Laurence	M	1500m/40km/10km	55 to 59 M	CGT	55	0:27:10	0:01:26	1:17:15	0:01:13	0:50:51
2	2:42:04	392	Hamman	Frederick	M	1500m/40km/10km	55 to 59 M	CGT	55	0:30:02	0:02:08	1:19:05	0:02:12	0:48:37
3	2:43:01	273	Cresswell-George	James	M	1500m/40km/10km	55 to 59 M	KZN	57	0:25:53	0:02:15	1:20:34	0:01:08	0:53:11
4	2:44:43	389	Searle	Andy	M	1500m/40km/10km	55 to 59 M	CGT	55	0:27:14	0:01:27	1:19:56	0:01:04	0:55:02
5	2:47:04	96	Van onselen	John	M	1500m/40km/10km	55 to 59 M	WPT	59	0:27:18	0:01:34	1:20:24	0:00:48	0:57:00
6	2:53:50	396	Hanekom	Thomas	M	1500m/40km/10km	55 to 59 M	CGT	56	0:35:59	0:03:17	1:21:34	0:01:59	0:51:01
7	3:05:58	272	Jarvie	Antony	M	1500m/40km/10km	55 to 59 M	KZN	56	0:29:57	0:02:17	1:31:34	0:01:58	1:00:12
-	DNF	393	Botes	Hannes	M	1500m/40km/10km	55 to 59 M	CGT	58	-	-	-	-	-
-	DNF	390	Milos	Drazen	M	1500m/40km/10km	55 to 59 M	CGT	56	0:20:56	0:02:30	-	-	-
55 to 59 Women														
P_Cat	FinishTime	Race#	Surname	Name	Sex	Dist	Category	Province	Age	Swim	T1	Bike	T2	Run
1	2:54:27	18	Fischer	Lynette	F	1500m/40km/10km	55 to 59 F	FST	59	0:30:45	0:01:24	1:26:24	0:00:52	0:55:02
2	3:06:26	394	Coetzee	Joanie	F	1500m/40km/10km	55 to 59 F	CGT	55	0:31:06	0:01:57	1:34:15	0:01:39	0:57:29
3	3:17:33	391	Viljoen	Estelle	F	1500m/40km/10km	55 to 59 F	CGT	57	0:33:14	0:03:05	1:41:01	0:02:10	0:58:03
-	DNF	51	Kay	Leigh	F	1500m/40km/10km	55 to 59 F	ETA	57	-	-	-	-	-

P_Cat	FinishTime	Race#	Surname	Name	Sex	Dist	Category	Province	Age	Swim	T1	Bike	T2	Run
60 to 64 Men														
P_Cat	FinishTime	Race#	Surname	Name	Sex	Dist	Category	Province	Age	Swim	T1	Bike	T2	Run
1	2:32:02	276	MARAIS	jean	M	1500m/40km/10km	60 to 64 M	KZN	60	0:22:18	0:03:05	1:13:40	0:01:26	0:51:33
2	2:37:13	398	Nottingham	Guy	M	1500m/40km/10km	60 to 64 M	CGT	61	0:29:27	0:01:47	1:16:53	0:01:29	0:47:37
3	2:50:22	129	Venter	Peter Steven	M	1500m/40km/10km	60 to 64 M	AMT	62	0:27:19	0:01:09	1:23:37	0:00:59	0:57:18
4	3:02:09	8	Janse van Vuuren	David	M	1500m/40km/10km	60 to 64 M	FST	63	0:31:46	-	-	-	-
5	3:06:29	397	Cilliers	Gustaf	M	1500m/40km/10km	60 to 64 M	CGT	63	0:31:14	0:03:15	1:28:07	0:01:54	1:01:59
6	3:09:49	144	Els	Gerhard	M	1500m/40km/10km	60 to 64 M	TTA	63	0:35:03	0:03:43	1:25:45	0:02:27	1:02:51
7	3:13:19	277	Anley	Vernon	M	1500m/40km/10km	60 to 64 M	KZN	61	0:33:41	0:02:19	1:39:16	0:02:00	0:56:03
8	3:19:48	200	de Almeida e Silva	Helder	M	1500m/40km/10km	60 to 64 M	EPTA	63	0:36:58	0:02:05	1:34:53	0:01:30	1:04:22
9	3:34:04	105	de Villiers	Jacques	M	1500m/40km/10km	60 to 64 M	TTA	64	0:34:44	0:02:32	1:30:04	0:02:04	1:24:40
-	DNF	275	van der Avoort	Alistair	M	1500m/40km/10km	60 to 64 M	KZN	63	-	-	-	-	-
60 to 64 Women														
P_Cat	FinishTime	Race#	Surname	Name	Sex	Dist	Category	Province	Age	Swim	T1	Bike	T2	Run
1	4:12:45	399	ball	sharon	F	1500m/40km/10km	60 to 64 F	CGT	63	0:35:38	0:02:31	1:52:57	0:02:05	1:39:34

P_Cat	FinishTime	Race#	Surname	Name	Sex	Dist	Category	Province	Age	Swim	T1	Bike	T2	Run
65 to 69 Men														
P_Cat	FinishTime	Race#	Surname	Name	Sex	Dist	Category	Province	Age	Swim	T1	Bike	T2	Run
1	3:07:44	130	van der Merwe	Abel	M	1500m/40km/10km	65 to 69 M	TTA	65	0:33:04	0:02:25	1:31:03	0:00:58	1:00:14
-	DNF	278	Curr	Kenneth	M	1500m/40km/10km	65 to 69 M	KZN	67	-	-	-	-	-

P_Cat	FinishTime	Race#	Surname	Name	Sex	Dist	Category	Province	Age	Swim	T1	Bike	T2	Run
Para Triathletes														
P_Cat	FinishTime	Race#	Surname	Name	Sex	Dist	Category	Province	Age	Swim	T1	Bike	T2	Run
PST1														
1	1:38:06	2	Swanepoel	Anton	M	750m/20km/5km	Para M (PTS1)	FST	36	1:09:14	0:00:36	-	-	0:28:16
PST3														
1	1:51:16	285	Crawford	Sebastian	M	750m/20km/5km	Para M (PST3)	KZN	24	1:13:29	0:00:58	-	-	0:36:49
PST4														
1	1:21:32	401	Andrews	Stan	M	750m/20km/5km	Para M (PTS4)	CGT	38	0:55:31	0:01:15	-	-	0:24:46
2	1:34:01	137	Dry	Kean	M	750m/20km/5km	Para M (PTS4)	TTA	23	1:04:21	0:00:49	-	-	0:28:51
PST5														
1	1:34:09	400	Willers	Ryan Jarrett	M	750m/20km/5km	Para M (PTS5)	CGT	26	1:04:19	0:01:05	-	-	0:28:45
2	1:38:04	32	Newman	Nicholas	M	750m/20km/5km	Para M (PTS5)	FST	36	1:04:44	0:01:46	-	-	0:31:34
PST6														
1	1:28:49	46	Jones	David	M	750m/20km/5km	Para M (PTS6)	WPT	39	1:03:31	0:01:10	-	-	0:24:08