



**PROVINCIAL CONTROLLING BODY FOR TRIATHLON, DUATHLON & AQUATHLON  
AFFILIATED TO TRIATHLON SOUTH AFRICA & FSSC**

**PRESIDENTIAL REPORT FOR YEAR END 31 AUGUST 2015**

1. Firstly I would like to thank our Heavenly Father for the opportunity to be part of the Sport of Triathlon and also to be healthy to participate.
2. My sincere thanks goes to the following people, without them this year would have not be possible
  - 2.1 Each and every athlete, parent, coach, spouse and just for being a supporter of our sport
  - 2.2 The following people
    - 2.2.1 Mr Reg Krohn for the use of Maselspoort as the venue, his loyalty and support to the sport of Triathlon
    - 2.2.2 Mr Vandre van Vuuren for the medical and Lifesaving at our events during this year
    - 2.2.3 Mr K Karlsen from the Water section of the SAPS, for keeping our athletes safe in the water
    - 2.2.4 Mr D Oliphant from the Mangaung Municipality
    - 2.2.5 Capt Moodley from the SAPS, Brig Ramokotje from Park road Police station and Capt Motsoeli from the Glen Police station
    - 2.2.6 Anybody that I may have missed, thanks for everything
    - 2.2.7 Then to the FST committee, without you 5 guys and at events Gerhard Potgieter nothing would have been running so smoothly, for the time you offer to spend at meetings, running events, time from your families
    - 2.2.8 The spouse of the committee members a BIG thank you for the timing you releasing your spouse to Triathlon.
    - 2.2.9 Then a Big thanks must go to Free State Sports Confederation for the sponsor to host the African Duathlon Cup in Bloemfontein July 2015, by names Mr J Segwaba, Mr B Barnard and a BIGGER thanks to Mrs Palesa Mosotho, for supporting, helping and standing by to make this event happened
3. We definitely had a big increase in athletes especially senior athletes, but seems our juniors is picking up
4. SA TRIATHLON

We selected a Free State team of 21 athletes to East London and returned with 6 medals. Were athletes were included in the team to Represent SA at the World champs in Chicago.

Madelaine le Roux and Anton Swanepoel participate at the World champs but unfortunately both DNF. Both was reward with their Protea colors again

TSA asked FST to host the African Triathlon championship for Juniors and Para triathletes In 2016. We still just waiting for TSA AGM November for written confirmation

5. CROSS TRIATHLON

Jamye Sue Vermaas participate in the qualifier and was selected to represent SA at the Cross Triathlon World Champs in Italy. For this she was reward with Protea colors and did us proud with a 9<sup>th</sup> place in Italy.

6. SA DUATHLON

For me personally our biggest achievement of the past 5 years, by hosting the African Duathlon Cup during July 2015. Here I would like to thank the committee and 4 other persons that work their butts off to make this event so successful, it was hard work, some "koppe stamp" but after all the positive remarks and feedback we received, worth every moment

We select at Free State Teams of 32 athletes, and our FST athletes did us proud TSA selected 10 athletes to represent them at the World Champs in Australia, and Mizan Viljoen was rewarded with Protea colors

Once again we would like to thank FSSC without the sponsorship this event would have not been possible and the big success

The SA Duathlon championship for 2016 is also been allocated to FST for July 2016

7. General

7.1 With the funding we received from Lotto and the support of the athletes we were able to for the 1<sup>st</sup> time in years get tracksuits and new tri suits, and me personally thank ever athlete that bought this, we all looked as a team at the SA championship

7.2 We also bought must needed equipment and this will also help us to pick up the sport

7.3 A Price giving will be held early 2016

Thank you all once again for supporting the sport but most of all for supporting FST and the committee



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**FREE STATE TRIATHLON (FST)**

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