



**PROVINCIAL CONTROLLING BODY FOR TRIATHLON, DUATHLON & AQUATHLON
AFFILIATED TO TRIATHLON SOUTH AFRICA & FSSC**

PRESIDENTIAL REPORT FOR YEAR END 31 AUGUST 2016

1. Firstly, I would like to thank our Heavenly Father for the opportunity to be part of the Sport of Triathlon and also to be healthy to participate.
2. My sincere thanks goes to the following people, without them this year would have not been possible.
 - 2.1 Each and every athlete, parent, coach, spouse and just for being a supporter of our sport.
 - 2.2 The following people:
 - 2.2.1 Mr Reg Krohn for the use of Maselspoort as the venue, his loyalty and support to the sport of Triathlon.
 - 2.2.2 Mr Dreyer from Aerocare for the Medical support throughout the year.
 - 2.2.3 Mr K Karlsen from the Water section of the SAPS, for keeping our athletes safe in the water.
 - 2.2.4 Mr D Oliphant from the Mangaung Municipality.
 - 2.2.5 Capt Moodley from the SAPS, Brig Ramokotje from Park road Police station and Capt Delpont from the Glen Police station.
 - 2.2.6 Mrs Tronel vd Walt from the Lifesavers, thank you for everything.
 - 2.2.7 Anybody that I may have missed, thanks for everything.
 - 2.2.8 Then to the FST committee, without you guys and at events nothing would have been running so smoothly, for the time you offer to spend at meetings, running events, time from your families.
 - 2.2.9 The spouse of the committee members a BIG thank you for the timing you releasing your spouse to Triathlon.
 - 2.2.10 A Special thanks goes to Wilna Potgieter firstly as the Secretary the past few years, thank you for the hard work, the willingness to stand up and do for more than was expected, (the coffee and sandwiches Saturday morning at event... I and surely the rest is going to miss this so much) then the love of the sport and enthusiasm for the sport and the growing of the sport, but the especially as the friend you were to me Schalk and our family.. THANK YOU.

3. SA TRIATHLON

FST hosted the African Para and Junior Triathlon championship during March and received a positive feedback from TSA as well as athletes and parents attending.

At the Juniors champs in Bloemfontein our juniors done well with Madelaine, Jayme Sue, Gean and Lienke on the podium.

Madelaine le Roux, Jayme Sue Vermaas and Anton Swanepoel were selected participate at the World champs, where Jayme and Anton results end up good after the season, Madelaine was unable to attend.

Only a few seniors attend the senior champs in East London with good results.

4. SA DUATHLON

Madelaine le Roux and Jayme Sue Vermaas was selected to represent SA.

Madelaine attend the Duathlon World champs, unfortunately Jayme was not able to attend.

A few age groupers also attended with good results.

Due to circumstances, no SA Duathlon was held during 2016.

5. Technical officials

We hosted a Technical official course with 3 new guys doing the course and qualified.

6. General

We, as a province, are for sure on the right path with our sport, slowly growing in numbers but most of our events are really pleasant and I think we maintain a high standard at our events.

Thank you all once again for supporting the sport but most of all for supporting FST and the committee.

Christa Roestoff
President



FREE STATE TRIATHLON (FST)

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